

# NIDSEEC

## CONNECTIONS CONFERENCE

FRIDAY, FEBRUARY 26TH, 2021

VIRTUAL FORMAT

8:00 — 9:30AM

All In: Inclusive Classrooms for  
Virtual Learning and Beyond  
*Presented by Paula Kluth, Ph.D.*

9:30 — 10:00AM

Mindfulness for everyday... for everyone  
*Presented by Melinda Alston, LCSW*

10:00 — 11:30AM

The Whole-Brain Child in the Classroom  
*Presented by Tina Bryson, Ph.D.*

11:30AM — 12:00PM

Yoga at Home and in the Classroom  
*Presented by Katie Watts, M.Ed.*

12:00 — 1:30PM

Executive Function Skills: Strategies for  
Teachers, Professionals, and Parents  
*Presented by Sarah Ward, M.S., CCC/SLP*

**PLEASE REGISTER AT: [www.ndsec.org](http://www.ndsec.org) by February 19, 2021**

*Non-member district/agency staff are welcome (\$100.00 registration fee applies)*

For further information, please contact *Carmen Keane* at  
NDSEC (630) 894-0490 or [ckeane@ndsec.org](mailto:ckeane@ndsec.org)

## All In: Inclusive Classrooms for Virtual Learning and Beyond

*Presented by Paula Kluth, Ph.D.*



As schools closed in response to the COVID-19 outbreak in the United States, many teachers, advocates, and families became concerned that inclusion would no longer be a priority for school districts. As weeks became months, many of these same teachers, advocates, and families got creative and designed structures and strategies to keep kids with and without disabilities connected to one another and to make sure that inclusive learning continued in virtual lessons and beyond.

This presentation is pulled from a new book on the topic and highlights some of those structures and strategies. It is also a call to action and a reminder to keep focused on the goal of inclusion as we all social distance and plan both virtual and hybrid lessons alone and with collaborative partners. Featured ideas include learning “together-apart” with peer support creating online clubs & lunch tables, “going big” to adapt instruction, letting families lead, and creating accommodations in virtual spaces.

## The Whole-Brain Child in the Classroom

*Presented by Tina Bryson, Ph.D.*



In their New York Times bestseller THE WHOLE-BRAIN CHILD, Tina and Dan Siegel introduce parents and other caregivers to practical strategies based on cutting-edge brain science. A central principle of the book is that the strategies can help parents not only survive difficult moments with their kids, but actually use those very moments to help their children thrive. In her “The Whole-Brain Child in the Classroom” workshop, Dr. Bryson takes this central concept and applies to teacher-student interactions. Displaying her trademark warmth and humor, Tina uses video, stories, and lots of personal experience to help her audience think more deeply about who they want to be as individuals, and how they want to interact with the young minds they’re nurturing. As a result, educators can increase children’s emotional regulation, resilience, personal insight, and empathy.

## Executive Function Skills: Strategies for Teachers, Professionals and Parents

*Presented by Sarah Ward, M.S., CCC/SLP*



Executive functions are the cognitive abilities that control and regulate most of what we do in a day-to-day life. This includes the ability to initiate, plan and organize, set goals, solve problems, regulate emotions, and monitor behavior. Because these skills play a role in most aspects of life, executive function deficits can impact a student academically, socially, and emotionally. Sarah Ward is a nationally recognized expert on executive functions. The session will be filled with learning that focuses on proven strategies to support students during remote learning, in the classroom, and at home.

*If you have a disability as defined under the Americans with Disabilities Act and plan to attend this conference, please contact Todd Putnam or Carmen Keane at (630) 894-0490.*

**Parents of students attending NDSEC programs or member district classes are welcome and encouraged to attend. Parents who wish to attend the conference and have student(s) enrolled in a NDSEC class or member district are eligible for a \$40.00 child-care stipend.**