**Mission Statement**

The Academic Life Skills program educates and empowers students who have diverse needs and abilities by providing a curriculum that promotes the life and social skills necessary for each learner to achieve greater levels of independence and reach their full potential thereby becoming confident and contributing members of their community.

### NDSEC STUDENT PROGRAMS

<table>
<thead>
<tr>
<th>Program</th>
<th>Grades</th>
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<tbody>
<tr>
<td><strong>Academic Life Skills</strong></td>
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</tr>
<tr>
<td>Elementary</td>
<td>K - 5</td>
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<tr>
<td>Middle School</td>
<td>6 - 8</td>
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<tr>
<td>High School</td>
<td>9 - 12</td>
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<tr>
<td>Transition (ages)</td>
<td>18 - 22</td>
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<tr>
<td><strong>Social Support Programs</strong></td>
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<tr>
<td>Elementary</td>
<td>K - 5</td>
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<tr>
<td>Middle School</td>
<td>6 - 8</td>
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<tr>
<td><strong>Lincoln Therapeutic Academy</strong></td>
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<tr>
<td>Elementary</td>
<td>K - 5</td>
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<tr>
<td>Middle School</td>
<td>6 - 8</td>
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<tr>
<td>High School</td>
<td>9 - 12+</td>
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**North DuPage Special Education Cooperative**

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Jim T. Nelson
Executive Director

Todd Putnam
Assistant Director
The Academic Life Skills Program

NDSEC Academic Life Skills Program services the needs of students with developmental difficulties.

The program is for students grades Kindergarten through Transition and is designed for students who are likely to benefit from a functional, community-referenced curriculum. The staff utilize a trans-disciplinary team approach. The goal of this educational program is to prepare students to live, work and recreate as independently as possible in their home communities.

The program focuses on functional life skills that are embedded into daily activities, as part of the state goals and Illinois Learning Standards. The emphasis is to increase students' levels of independence with decreasing levels of staff support across all environments.

**Instruction**
- Curriculum Aligned to Common Core State Standards
- General Education Integration
- Technology

**Community**
- Grocery/Retail Shopping
- Personal Safety
- Recreational Programs

**Independent/Daily Living Skills**
- Life Arts /Domestic Skills
- Personal Care
- Self Awareness /Social Skills
- Interpersonal Relationships

**Vocational Experiences**
- In-classroom job opportunities
- In-school job opportunities
- Job exploration

**STAFF TEAM MEMBERS**
- Classroom Teacher
- Classroom Assistants
- Occupational Therapist
- Physical Therapist
- Nurse
- Social Worker
- Psychologist
- Speech/Language Therapist
- Adaptive PE Teacher
- Vocational Teacher
- Assistive Technology Consultant
- Itinerant Staff, as necessary

**ADDITIONAL SERVICES**

Transition Planning
Interagency Coordination

“Low Incidence” services for:
- Vision
- Hearing
- Mobility